

Australian Standard<sup>®</sup>

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**Measuring cups and spoons and  
litre measures for domestic  
purposes**

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This Australian Standard was prepared by Committee MS/6, Cooking Utensils Dimensions. It was approved on behalf of the Council of Standards Australia on 28 March 1997 and published on 5 June 1997.

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The following interests are represented on Committee MS/6:

Australian Gas Cooking School  
Metal Trades Industry Association  
National Council of Women of Australia  
New South Wales TAFE Commission

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*This Standard was issued in draft form for comment as DR 96279.*

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## PREFACE

This Standard was prepared by the Standards Australia Committee MS/6 on Cooking Utensils Dimensions to supersede AS 1325—1972, *Metric measuring cups and spoons and standard litre measure for domestic purposes*.

This edition of the Standard includes editorial and technical amendments identified as necessary during the application of the 1972 edition. An additional requirement was added to the materials clauses concerning the effect of radiation typically produced in domestic microwave ovens.

Units of weights and measures used in this Standard are those prescribed by the regulations issued under the *National Measurement Act 1960*.

The term ‘normative’ has been used in this Standard to define the application of the appendix to which it applies. A ‘normative’ appendix is an integral part of a Standard.

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# STANDARDS AUSTRALIA

## Australian Standard

### Measuring cups and spoons and litre measures for domestic purposes

#### SECTION 1 SCOPE AND GENERAL

**1.1 SCOPE** This Standard specifies requirements for metric cup measures for measuring liquid, measuring spoons, fractional cup measures and litre measures.

**1.2 APPLICATION** This Standard primarily applies to measuring devices used in the preparation of food in households, but is equally applicable to measuring devices used in the preparation of food in institutions such as hospitals and educational bodies. The measures are not intended for trade purposes.

**1.3 OBJECTIVE** The objective of this Standard is to provide uniformity among metric measuring devices which are purchased by consumers for the preparation of food.

**1.4 METRIC CAPACITIES** For purposes of this Standard, the following metric capacities, subject to a tolerance of  $\pm 5\%$ , shall apply:

(a) **Measuring spoons**

|       |                                  |         |
|-------|----------------------------------|---------|
| (i)   | 1 tablespoon . . . . .           | 20 mL   |
| (ii)  | 1 teaspoon . . . . .             | 5 mL    |
| (iii) | $\frac{1}{2}$ teaspoon . . . . . | 2.5 mL  |
| (iv)  | $\frac{1}{4}$ teaspoon . . . . . | 1.25 mL |

(b) **Fractional cup measures**

|       |                             |        |
|-------|-----------------------------|--------|
| (i)   | 1 cup . . . . .             | 250 mL |
| (ii)  | $\frac{1}{2}$ cup . . . . . | 125 mL |
| (iii) | $\frac{1}{3}$ cup . . . . . | 85 mL* |
| (iv)  | $\frac{1}{4}$ cup . . . . . | 65 mL* |

(c) **Litre measures**

|       |  |         |
|-------|--|---------|
| (i)   | 1 litre (4 cups) . . . . .             | 1000 mL |
| (ii)  | $\frac{3}{4}$ litre (3 cups) . . . . . | 750 mL  |
| (iii) | $\frac{1}{2}$ litre (2 cups) . . . . . | 500 mL  |
| (iv)  | $\frac{1}{4}$ litre (1 cup) . . . . .  | 250 mL  |

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\* Rounded figures.



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